

**November 30<sup>th</sup>, 2011 | Hamilton Convention Centre**

1 Summers Lane, Hamilton, ON

# Update in **GERIATRICS** **Drugs and the Elderly:** *Too many or too few?*

## OBJECTIVES:

1. To learn practical approaches and principles of appropriate medication use for elderly patients.
2. To appreciate the controversies and clinical dilemmas in prescribing medications to elderly persons with complex health problems.
3. To update participants' evidence-based knowledge of drug treatment in elderly patients with common geriatric health problems.



## TARGET AUDIENCE:

Family Physicians, General Internal Medicine Physicians, Nurses, Occupational Therapists, Physiotherapists, Social Workers, Pharmacists, Students, Residents.

**TO REGISTER VISIT: [www.fhs.mcmaster.ca/conted](http://www.fhs.mcmaster.ca/conted)**

## FOR MORE INFORMATION...

### ANGELA SILLA

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# Program Agenda

Time	Topic	Presenter
07:45 - 08:30	<b>REGISTRATION &amp; CONTINENTAL BREAKFAST</b>	
08:30 - 08:35	Welcome	<b>Sharon Marr</b> , BSc, MD, FRCPC, MEd, Division Director, Division of Geriatric Medicine, Associate Professor, Division of Geriatric Medicine Department of Medicine, McMaster University, Clerkship Coordinator for Internal Medicine, Chair of Regional Geriatric Program central
08:35 - 08:50	Lifelong Achievement Award Presentation to <b>Mr. Ron Joyce</b> , CM, Founder, Ron Joyce Foundation, Co-Founder, Tim Hortons/Chairman Emeritus, Tim Hortons Children's Foundation	<b>Paul O'Byrne</b> , MB, FRCPC, FRSC, Professor & Chair, Department of Medicine, McMaster University, Executive Director, Firestone Institute for Respiratory Health, St. Joseph's Healthcare Hamilton
08:50 - 09:20	<b>Keynote Presentation:</b> Lost in Knowledge Translation	<b>Sharon E. Straus</b> , MD, MSc, FRCPC, Professor, Department of Medicine, University of Toronto, Division Director, Geriatric Medicine, University of Toronto, Director, Knowledge Translation Program, Li Ka Shing Knowledge Institute, St. Michael's Hospital and University of Toronto, Tier 1 Canada Research Chair, Knowledge Translation and Quality of Care
09:20 - 09:40	Plenary 1 – Do's and Don'ts of Drugs and Dementia	<b>Micheline D. Gagnon</b> , MD, BSc, MEd, FRCPC, FACP, Professor of Medicine, McMaster University, Head of Service, Geriatrics, St Joseph's Healthcare Hamilton
09:40 - 10:00	Plenary 2 – Sleep	<b>Brian Misiaszek</b> , MD, FRCPC, Associate Professor, Department of Medicine, McMaster University, Head of Geriatric Services, Hamilton Health Sciences
10:00 - 10:15	<b>MORNING BREAK</b>	
10:15 - 10:35	Plenary 3 – Delirium	<b>Anne Pizzacalla</b> , BScN, MHSc, NP - Adult, Clinical Nurse Specialist, Hospital Elder Life Program, Hamilton Health Sciences
10:35 - 10:55	Plenary 4 – Depression	<b>Karen Saperson</b> , MBChB, FRCPC, Head, Division of Geriatric Psychiatry and Associate Professor, McMaster University, Department of Psychiatry & Behavioural Neurosciences, St Joseph's Healthcare Hamilton
10:55 - 11:15	Plenary 5 – Behaviour and Anti Psychotic Medications	<b>Anne Braun</b> , MD, MSc, FRCPC, FACP, Associate Clinical Professor, Division of Geriatric Medicine, Department of Medicine, McMaster University
11:15 - 11:35	<b>QUESTIONS &amp; ANSWERS</b> Plenary Sessions 1 – 5	
11:35 - 12:50	<b>LUNCH &amp; VISIT EXHIBITORS</b>	
12:50 - 13:20	<b>Keynote Presentation</b> – What can you do to reduce your patient's risk of falls & fractures?	<b>Alexandra Papaioannou</b> , BScN, MSc, MD, FRCPC, FACP, Professor-Division of Geriatric Medicine-Department of Medicine, McMaster University, Chairholder, Eli Lilly Canada Chair in Osteoporosis, Associate Member, Centre for Evaluation of Medicines
13:20 - 13:40	Plenary 6 – Pain Management in Elderly	<b>Nadia Plach</b> , MD, PhD (Neuroscience), CCFP, FCFP, Associate Clinical Professor - Dept of Family Medicine, Division of Palliative Care - McMaster University, Palliative Care Consultant, Joseph Brant Memorial Hospital
13:40 - 14:00	Plenary 7 – Blood Pressure – Right Range... Right Drugs	<b>Mitch Levine</b> , MD, FRCPC, MSc, Professor, Division of Clinical Pharmacology and Therapeutics, Department of Clinical Epidemiology and Biostatistics, Department of Medicine, McMaster University
14:00 - 14:15	<b>AFTERNOON BREAK</b>	
14:15 - 14:35	Plenary 8 – Cardiac Frail Elderly – Lipid Lowering	<b>George Heckman</b> , MD, MSc, FRCPC, Schlegel Research Chair in Geriatric Medicine, Associate Professor, Faculty of Applied Health Sciences, University of Waterloo, Assistant Clinical Professor of Medicine, McMaster University
14:35 - 14:50	Plenary 9 – Drug Adherence: Challenges and Strategies	<b>Lisa Dolovich</b> , BScPhm, PharmD, MSc, Research Director & Associate Professor, Department of Family Medicine and Clinical Epidemiology and Biostatistics and Medicine McMaster University, Scientist & Associate Director, Centre for Evaluation of Medicines, St. Joseph's Healthcare Hamilton, Associate Professor, Faculty of Pharmacy, University of Toronto
14:50 - 15:10	Plenary 10 – Can I stop this drug?	<b>Christopher Patterson</b> , MD, FRCPC, FACP, FRCP (Glasg.), Professor, Division of Geriatric Medicine, Department of Medicine, McMaster University, Hamilton Health Sciences
15:10 - 15:30	<b>QUESTIONS &amp; ANSWERS</b> Plenary Session 6 – 10	
15:30 - 15:40	<b>CLOSING REMARKS</b>	<b>Sharon Marr</b> , BSc, MD, FRCPC, MEd

# Planning Committee

## **Co-Chair - Sharon Marr, BSc, MD, FRCPC, MEd**

Division Director, Division of Geriatric Medicine  
Associate Professor, Division of Geriatric Medicine  
Department of Medicine, McMaster University  
Clerkship Coordinator for Internal Medicine  
Chair of Regional Geriatric Program central

## **Co-Chair - Alexandra Papaioannou, BScN, MSc, MD, FRCPC, FACP**

Professor-Division of Geriatric Medicine-Department of Medicine, McMaster University, Chairholder, Eli Lilly Canada Chair in Osteoporosis, Associate Member Centre for Evaluation of Medicines

## **Co-Chair - Christopher Patterson, MD, FRCPC, FACP, FRCP (Glasg.)**

Professor, Division of Geriatric Medicine, McMaster University

## **Cheryl Allaby, MD, CCFP**

Assistant Clinical Professor  
Division of Geriatric Medicine, Department of Medicine  
McMaster University

## **Lisa Dolovich, BScPhm, PharmD, MSc**

Research Director & Associate Professor, Department of Family Medicine and Clinical Epidemiology and Biostatistics and Medicine McMaster University  
Scientist & Associate Director, Centre for Evaluation of Medicines, St. Joseph's Healthcare Hamilton, Associate Professor, Faculty of Pharmacy, University of Toronto

## **David Jewell, M.S.W., MHSc**

Director, Regional Geriatric Program central

## **Heather McLeod, MD, FRCPC**

Assistant Professor, Division of Geriatric Medicine  
Department of Medicine, McMaster University

## **Brian Misiaszek, MD, FRCPC**

Associate Professor  
Department of Medicine, McMaster University  
Chief of Geriatric Services, Hamilton Health Sciences

## **Anne Pizzacalla, BScN, MHSc, NP - Adult**

Clinical Nurse Specialist, Hospital Elder Life Program  
Hamilton Health Sciences

## **Lynn Sage, Hon BA Gerontology**

Education Consultant, Regional Geriatric Program central

## **Sheilah Laffan**

Program Administrator  
Continuing Health Sciences Education  
Faculty of Health Sciences, McMaster University

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**The College of Family Physicians of Canada Mainpro-M1** This educational program meets the accreditation criteria of The College of Family Physicians of Canada, & has been accredited for **5.5** Mainpro-M1 credits.

**The Royal College of Physicians & Surgeons of Canada** This educational event is approved as an Accredited Group Learning Activity under Section 1 of the Framework of CPD options for the Maintenance of Certification Program of The Royal College of Physicians and Surgeons of Canada for a maximum of **5.5** credits per participant.

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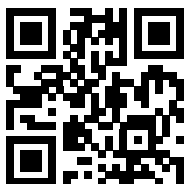
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